around here that idea is difficult—the lack of science, the lack of math, the lack of basic creativity.

And then there is my holy grail. This is truly the holy grail. Truly, I pray to the dear Lord, let what I am reading be true: 33 percent of all America's healthcare spending is diabetes; 31 percent of all Medicare spending is diabetes. Most of that is type 2, it is not type 1. Type 2 in many ways has a lot to it and it is ultimately an autoimmune, but it is partially self-inflicted.

Is this body willing to have one of the most difficult political debates and conversations it has ever considered in modern times? Are we willing to change the farm bill? Are we willing to change the incentives of what we incentivize our brothers and sisters to eat? Are we willing to incentivize our brothers and sisters to be healthy?

You all saw the numbers of the misery this place brought to the Nation with the shutdowns and how many of the ZIP Codes around this country have doubled their obesity numbers. Why this is important is apparently we have been on the cusp—we have had a handful of people who look like they have been cured of type 1 diabetes—it is less than a year, maybe it ultimately doesn't work, but this is a big deal.

□ 1515

Why aren't we working on it? Why aren't we? Because if it is 31 percent of all Medicare spending, and we were able to help our brothers and sisters who are getting their feet cut off and going blind, wouldn't that be the compassionate thing? Wouldn't that be the moral thing instead of this damn conversation we have here? "Well, let's build more clinics so people can manage their misery."

I beg of you, if we are on the edge of a cure for—you saw last week it finally got approved—hemophilia, got a single-shot cure, really expensive. Work out the financing.

Cystic fibrosis, we may be on the cusp.

Sickle cell anemia—why doesn't this place seem to give a damn about people's misery and suffering?

By the way, they are part of the 50 percent that is also really good economics.

I ask anyone that is watching this, think differently. Curing our brothers and sisters, fixating on economic growth, crashing the price of technology by legalizing technology, is the only path I can come up with that saves us from the crushing debt.

The fact of the matter is, if you look at the models, it means the next couple of decades could be really prosperous. I just need this place to act very differently.

Mr. Speaker, I yield back the balance of my time.

THE GOHMERT RULE

The SPEAKER pro tempore. Under the Speaker's announced policy of January 4, 2021, the gentleman from Texas (Mr. Gohmert) is recognized for the remainder of the hour as the designee of the minority leader.

Mr. GOHMERT. Mr. Speaker, how much time is remaining?

The SPEAKER pro tempore. The gentleman has 25 minutes remaining.

Mr. GOHMERT. Mr. Speaker, there was a quote from John Adams, as a follow-up to what my friend from Arizona (Mr. Schweikert) was saying. He had great exchanges with his friend, then his enemy, and then his friend again for the rest of their lives, Thomas Jefferson.

John Adams said there are two ways to conquer and enslave a country. One is by the sword; the other is by debt.

Mr. Speaker, I appreciate my friend for yielding. This will likely be the last speech that I will be able to give from the House floor. I can imagine there are people clapping all over that are watching C-Span.

It has been a tremendous honor to serve in this hallowed body. It just has.

This was not something that I aspired to from my earlier days, and in fact, I really didn't want to be a judge. After my mother got over the disappointment of my choosing not to apply to med school, and then got used to the idea of having an attorney, she ended up, through the eighties, she knew she had a brain tumor that was going to ultimately take her life. They had done what they could at Mayo Clinic in surgery. They could do no more.

She was brilliant. She put herself through Baylor in 2½ years, while she was working full-time, most of that in the registrar's office.

My brilliant mom taught school as an eighth-grade English teacher for so many years and taught Sunday school for most of her years.

She would say: Louie, you would make a great judge.

I would go: Mother, I don't want to be a judge. There are some lawyers I would hate to sit there and listen to all day. Besides, I make more money than a judge does. I have no interest.

We lost her in January 1991, and after that, I had been thinking about what my brilliant mother used to say. A few months later, I had a judge call me and ask if my female client would go out with him before her trial. It was a civil trial on a breach of contract. I told him, basically, that I couldn't help him, but I knew we needed a new judge.

I tried for months to find somebody that would run against him and talked to all kinds of Republican lawyers that I thought had been considering it. Nobody would step up.

By Thanksgiving—I had to file around the 1st of December—my wife and I both just had this peace that this is what I was supposed to do, is run for judge. So, I did.

As the most politically astute person in our county—Republican, that is—told me the night before the primary election, he said: Nobody gave you a

snowball's chance of winning because this guy was the first Republican elected in the county.

In fact, I had Republican leaders that said: Look, we know it is not great, and there are some issues there, but he was the first Republican elected in our county. We just feel like we owe him the job.

Well, nobody is owed a public service job. By Thanksgiving, we had this peace that this is what I am supposed to do, win or lose. I ran and ended up not just squeaking by, as was predicted the day before in a 50/50 chance of winning. I won with 70 percent of the vote.

After years on the bench, I just had this feeling—I applied the law as it was, whether I liked it or not—but that I need to go change some of these laws, try to change some of them.

Then, I had the invitation from Governor Perry to an appointment to be chief justice of the court of appeals there. I thought, well, perhaps this is a way to finish my career on the bench. My wife thought so after we prayed about it, contemplated.

Then, when I finished that term, Governor Perry wanted to provide another appointment to the appellate bench. I said no, I think I am supposed to run for Congress. I did and got elected. I won with 70 to 80 percent of the vote ever since.

What I thought was, this country is in trouble, and maybe I can go help get this country on track. Maybe I can make a difference.

After one term, Newt Gingrich—we lost the majority, November 2006, after I had been here 2 years. I was talking to Newt Gingrich about it. He said: I have heard you. You ought to be on the floor every day talking about these issues. We have 2 hours of Special Orders every day.

I thought, maybe so, and I took it to heart. Since then, yes, I have given a lot of Special Orders, talking about the issues that I think are critically important.

When the Democrats took the majority back, my Democrat friend—I hope that doesn't hurt his re-elect,—JOHN GARAMENDI said: Louie, we just voted on the new rules of the House and passed the Gohmert resolution.

I said: What does that mean, JOHN?

He said: It means you can no longer have multiple Special Orders in 1 week. You can only have one. That is the new Gohmert rule. Informally, that is what some of us call it because we don't want to hear you every night.

I had told the Cloakroom years ago, look, if nobody is going to take our time to talk about these issues—there is usually not much of anybody around here on the House floor, but as Newt said, you may have 200,000 to 4 million people watch C-Span at different times. You never know how many are going to watch, but you can make a difference if you talk about what is important.

I told the Cloakroom years ago, look, if somebody is not going to take our time, I will get my tie back on and

come back over there and take it. So, that is what I have done.

Eighteen years later, this country is in deeper trouble than it was when I got here. I know, having gotten my degree in history, and having never stopped studying history, so many great stories, profound stories, about our history.

I know my daughters have suffered abuse from people because they were my daughters, not that they agreed with me on everything. In fact, we have disagreements. I love them, and I never meant for them to suffer.

Recently, I read a sermon that was prepared by Pastor Tommy Nelson in Texas. There was a Governor, Thomas Nelson, of Virginia, who was a commander back during the Revolution. In 1781, Yorktown is surrounded. General Lafayette comes over and says: General, Governor, where should we fire first with our cannons?

Governor Nelson, General Nelson, he knew that the British command was in his home. They had taken his home. They made it their command center. He told Lafayette: Right there at my house.

There were some, reportedly, that said: We don't want to fire at that. It is your house.

He said: That is where the enemy is. That is where you have to fire.

Cannonball after cannonball went through his home.

The Founders suffered so much, gave so much, many with their lives. You look at the 56 signers of the Declaration of Independence, they suffered immeasurably. Many of them forfeited their lives for the cause of freedom.

But John Adams, in one of his letters to Jefferson, toward the end of his life, he said: "The general principles on which the Fathers"—talking about the Founding Fathers—"achieved independence" were "the general principles of Christianity. . . I will avow that I then believed, and now believe, that those general principles of Christianity are as eternal and immutable as the existence and attributes of God."

John Jay himself, one of the authors of the Federalist Papers, a Supreme Court Justice, our Nation's first Chief Justice, he wrote in his own handwriting: "The Bible is the best of all books for it is the Word of God and teaches us the way to be happy in this world and in the next. Continue, therefore, to read it and to regulate your life by its precepts."

Back to John Adams. He said: "The jaws of power are always open to devour, and her arm is always stretched out, if possible, to destroy the freedom of thinking, speaking, and writing."

Boy, he was so astute and wise.

He said: "Democracy will soon degenerate into an anarchy, such an anarchy that every man will do what is right in his own eyes, and no man's life or property or reputation or liberty will be secure."

It is so true. He saw what happens even in the few democracies or republics that have ever existed. I think ours is not just a republic, but a form of democratic republic where we elect our representatives instead of like ancient Greece, Athens, where they actually had everybody participate in the big decisions.

I do have a heavy heart. I see what is going on. We had a hearing today regarding mass shootings, witnesses from Sandy Hook, from Uvalde, and they are saying we have to get rid of the guns, like getting rid of spoons would get rid of obesity.

The problem is not with our Second Amendment right. It is exactly what John Adams pointed out. He said: "We have no government armed with power capable of contending with human passions unbridled by morality and religion. Avarice, ambition, revenge, or gallantry would break the strongest cords of our Constitution as a whale goes through a net."

Then he said: "Our Constitution was made only for a moral and religious people. It is wholly inadequate to the government of any other."

□ 1530

Our problem is very clear to me. It is not with weapons. It is with the lack of morality. It is exactly what President Adams said over 200 years ago. He saw it. If you are not teaching children that there is absolute right and wrong—there may be gray areas. There are, as every lawyer would tell you. But there are some absolutes that are right or wrong.

Those of us who believe the Bible, God made clear that the children of Israel were to teach their children: Keep the verses of scripture all around all the time, put them on your doorposts. And I knew that; I had seen the scripture.

But the first time I was at the King David Hotel in Jerusalem, I said, What are these little tubes on the door?

Well, they were verses of scripture. They took it literally.

You need to have those verses everywhere. Teach your children. And we have not done that.

So after people like Bill Ayers, Weather Underground, violent hippies, after they had tried to push us into a Marxist country or make us one and they had no success whatsoever, the violence didn't help, they realized the way to go is to go into the universities, get tenure, and in the meantime be teaching future teachers that Marxism is a good idea. Whether you call it socialism, progressivism—not change the name, call it progressivism. It is still Marxism

But as Dostoevsky said in response to this nut named Marx in the 1800s, The problem with Marxism is not economic. We know that is a huge problem. It is always going to fail. But the problem with Marxism is atheism because the government has to become God. That is what he was meaning. That has, for so many people, become God.

I came here thinking, gosh, if we could just get enough Members of Congress to stand up for what is right and preserve our freedom—I ultimately have realized, Congress—as upset as people are at Congress, and we rate very poorly in the polls—Congress is a reflection of this country. You don't like what is going on in Congress, well, it is a reflection of what is going on in the country.

This House is the only elected body that I am aware of in the whole country where you can only get there by being elected. If a Senator leaves or dies, they can be appointed or elected, either one, but normally appointed to fill until the election. This body, you can't get in here as a Member unless you have been elected.

Adams said, "Cities may be rebuilt and a people reduced to poverty may acquire fresh property, but a constitution of government, once changed from freedom, can never be restored. Liberty once lost is lost forever. When the people once surrender their share in the legislature and their right of defending the limitations on government and of resisting every encroachment upon them, they can never regain it."

If we want Congress to be better, the country has got to become better, because we are headed toward Marxism. Many realize that. If you looked at the original Black Lives Matter—and it was never about Black lives. It was about moving toward Marxism. One of their tenets—they took it off. One of their goals was eliminating westernstyle marriage.

Western-style marriage? We don't have western-style marriage.

Moses said God told him a man shall leave his father and mother, a woman leave her home, and the two will become one. That is marriage. It was for procreation of the Nation of Israel and for the people. And civilizations that lasted have based their growth on that societal building block, the family.

Then you had Jesus. When asked about marriage, and particularly divorce, He quoted Moses verbatim: A man shall leave his father and mother, a woman leave her home, the two will become one flesh. And He is the one who added, and let what God has joined together, let no one put asunder, or separate.

But this body, just this month, we come in here, now that we have a majority that is much wiser—it is a bipartisan majority that is wiser than Moses and Jesus—said no, no, no, we will tell you what marriage is.

So churches that supported that, they are going to find out you either become woke or the United States Government is going to come destroy your entity, church, or school. That is where we are heading. Perhaps the Supreme Court will protect us. Maybe it won't.

But I still hear Justice Scalia. We were having lunch, and he said, you guys have the ultimate power. You can stop anything. You have got the power of the purse. You don't like something;

you can kill it. Just cut off all the funding. So don't come running over across the street to us just because you don't have the nerve to do what you think should be done. Come run to us? You didn't do what you have got the power to do.

We haven't done that. Easier to hope maybe the Supreme Court will take care of it.

Adams also said, Remember, democracy never lasts long. It soon wastes, exhausts, and murders itself. There was never democracy or a democratic republic yet that did not commit suicide.

He said, Be not intimidated nor suffer yourselves to be wheedled out of your liberties by any pretense of politeness, delicacy, or decency. These, as they are often used, are but three different names for hypocrisy, chicanery, and cowardice. I mentioned this when I was reading Tommy Nelson's sermon.

But Alexis de Tocqueville in the 1830s and 1840s, he said: "Upon my arrival in the United States, the religious aspect of the country was the first thing that struck my attention; and the longer I stayed there the more did I perceive the great political consequences resulting from this state of things, to which I was unaccustomed. In France, I had almost always seen the spirit of religion and the spirit of freedom pursuing courses diametrically opposed to each other; but in America I found that they were intimately united, and that they reigned in common over the same country.

He talked about our Founders. Forget 1619 or whatever. He says—he is talking about the Founders. They brought with them a form of Christianity. Yes, some people pushed slavery. But Thomas Jefferson, in that original Declaration of Independence, one of the grievances was against King George for ever allowing slavery to get started, because he saw the damage it was doing to America and to the people that were involved.

But Alexis de Tocqueville said about our Founders: "They brought with them . . . a form of Christianity which I cannot better describe than by styling it a democratic and republican religion. . . . from the earliest settlement of the immigrants, politics and religion contracted an alliance which has never been dissolved"—until recent history. He didn't live to see what is going on now

Look, some of us get beat up. We do believe a woman has every right and should make all the decisions concerning her body. She does. She should. That is the way it should be. She has every right to make decisions for that unborn child that she is carrying. But if a decision is made to kill that other body, that is normally when government gets involved, because we are supposed to protect the most vulnerable among us.

Some people continue to try to say, gee, we didn't see Christianity mentioned in the Constitution. Of course, the Declaration of Independence men-

tions our Creator and also nature's God. But actually if you look at the way the Constitution was signed, it was signed "In the year of our Lord 1787." Yeah, that is the way they dated it. I mean, it is amazing. Some people say it is unconstitutional to sign anything with that date if it is government. Well, if it is signed like the Constitution is signed, I don't see how it could be unconstitutional.

But there was the First Presbytery of the Eastward, a group of clergy from Massachusetts and New Hampshire, and they wanted Christianity to be mentioned in the Constitution. They wrote a letter and they declared that as they see, because of Washington's piety and his support for Christian morality—which really is Judeo—but that morality that they see, means we are in good hands.

The SPEAKER pro tempore. The time of the gentleman has expired.

BANNING AMERICAN INVEST-MENTS IN CRYPTOCURRENCY

The SPEAKER pro tempore. Under the Speaker's announced policy of January 4, 2021, the Chair recognizes the gentleman from California (Mr. SHERMAN) for 30 minutes.

Mr. SHERMAN. Mr. Speaker, for 5 years, I have been trying to ban American investments in cryptocurrency. I am the only Member of this House to get an F grade from the only cryptopromoting organization that rates Members of Congress.

My fear is that we will view Sam Bankman-Fried as just one big snake in the crypto garden of Eden. The fact is, crypto is a garden of snakes.

Now, from the outside, crypto just looks like a token, an electronic pet rock for the 21st century, something that might be good to invest in—though it has no apparent value—because you might get somebody else to buy it from you for more than you paid for it.

But in reality, crypto aspires to be a currency and compete with the U.S. dollar. It is not a currency yet, but if it has any long-term value, it is because its promoters are successful in turning it into a currency.

Now, the U.S. dollar is an excellent currency. It is a medium of exchange that will be used billions of times today for people to buy this or that. It is a medium of exchange. It is a measure of value.

So how can a cryptocurrency compete with the U.S. dollar and other established currencies?

Whenever you come up with a new product, you find an advantage that you think you have—at least for part of the market—of your product over the incumbent products, and then you name your product after that advantage.

□ 1545

The advantage that crypto hopes to be its ticket to become a currency is right there in the name: Cryptocurrency literally means hidden money.

Well, is there a big market for hidden money? Well, there are the drug dealers, the human traffickers, the sanctions evaders who will find that to be a good feature. As Sam Bankman-Fried would tell you today, there is a hell of a market for those who need a currency that will help them hide assets from the bankruptcy courts. But the true big market for a hidden currency is tax evasion.

Now, I know there are some on the other side who are kind of happy every time the IRS is defeated. It is said that anytime a billionaire successfully cheats on his taxes, a member of the Freedom Caucus earns his wings.

The other announced purpose of cryptocurrency design is not just to be a currency available to those who want hidden money, but to compete with the U.S. dollar as a world reserve currency. This would enrich the crypto oligarchs beyond measure and take thousands of dollars a year of advantage away from every American family because every American benefits from the fact that the U.S. dollar is the established world currency.

Now, Sam Bankman-Fried, or should I say inmate 14372, had one purpose in his efforts in Congress. And he was well known in Congress. The only one wearing shorts walking around. His one purpose was to keep the SEC, the Securities and Exchange Commission, out of the crypto world to provide a patina of regulation, baby regulation by assigning crypto to the Commodity Futures Trading Commission, an organization a little laxer and a lot smaller than the SEC.

I have one admonition for my colleagues. Don't trash Sam Bankman-Fried and then pass his bill. I fear this could happen because Sam was not the only crypto oligarch with PACs and lobbyists and all the pressure and all the money coming from the pro-crypto side. There is no PAC in Washington, there is no lobbyist here getting paid millions of dollars to work for efficient law enforcement or investor protection or sanctions enforcement.

Now, I have heard some criticize the SEC, and I will do a little bit of that later in this speech. In July, I chaired a hearing of our subcommittee, the Investor Protection, Entrepreneurship, and Capital Markets Subcommittee, and pushed the SEC's head of enforcement for not doing what should have been done, and that is to go after every crypto exchange because the SEC has taken the position in court that virtually every cryptocurrency is, in fact, an unregistered security. That means that every crypto exchange is an illegal exchange. But the SEC has been unwilling to act on that conclusion because they are under intense pressure from a few in Congress.

Mr. Speaker, I include in the RECORD a letter signed by 19 Members of Congress that was designed as a push-back